



TASD
2024-25

PARENT AWARENESS SERIES



A Digital World: Youth, Social Media, Sexualized Content, & Mental Health

Ryan Klingensmith, Founder, Shape the Sky

Wednesday, November 13, 2024

7:00pm TAHS Auditorium

A Licensed Professional Counselor (LPC) and Nationally Certified Counselor (NCC), Ryan Klingensmith is the founder of Shape the Sky, whose mission is to provide parents, teachers, counselors and other professionals with an insider's view of the internet and social media. The goal of Shape the Sky is to have children and adults connect, share, and learn together to bridge youth knowledge of technology with adult wisdom of using it responsibly.

Mr. Klingensmith's presentation will inspire attendees to look at the digital world differently and provide confidence to teach youth how to be responsible digital leaders.

Due to the nature of the topic and content, this presentation is developed for and delivered to an adult audience only. <https://shapethesky.org/>



The Impact of Mental Health On Our Youth

Leslie Turner, LCSW, Co-Founder and Therapist, Impact Counseling Services

Monday, November 18, 2024

7:00pm TAHS Auditorium



As a Licensed Clinical Social Worker (LCSW) with over 30 years of experience working with adolescents and adults addressing mental health needs in the local area, Leslie Turner is a Co-Founder of Impact Counseling Services and serves as a therapist in several school districts, including Tyrone Area SD.

Ms. Turner's presentation will focus on the growing number of students experiencing traumatic events and mental health struggles, the pressures of social media on adolescents, and some tips for recognizing mental health needs. She will also provide tips for self-care and for addressing common stressors like peer pressure, academic struggles, extra-curricular activities, and drug and alcohol use.