

Smart Start for Toddlers 9-12 months-old

Getting Ready for School Begins at Birth



**Tyrone Area School District
Parenting Tips**

Smart Start for Toddlers

9 month-old

YOUR 9 MONTH—OLD BABY	ACTIVITIES
<p style="text-align: center;">Physical</p> <ul style="list-style-type: none"> • Reaches for toys • Becomes interested in grabbing the spoon during feeding • Goes from tummy to sitting by self • Picks up tiny objects • Sits unsupported • Baby will begin mastering the art or crawling. 	<p style="text-align: center;">Physical Activities</p> <ul style="list-style-type: none"> • Holding baby's hands in the air, let him walk between your legs • Encourage your child to explore holding their spoon and feeding themselves. • Give your child easy to eat foods like Cheerios or small, soft, cooked pieces of vegetables to eat with their fingers.
<p style="text-align: center;">Language</p> <ul style="list-style-type: none"> • Babbles more than one syllable • Mimics sounds like tongue clicking, raspberries, and coughs. 	<p style="text-align: center;">Language Activities</p> <ul style="list-style-type: none"> • Encourage mimicking.
<p style="text-align: center;">Thinking</p> <ul style="list-style-type: none"> • Drops objects and then looks for them. • Wants to explore new objects by touching. 	<p style="text-align: center;">Thinking Activities</p> <ul style="list-style-type: none"> • Even if it seems like your baby repeatedly drops toys off his high chair, give him items to drop them let him search for them, then pick them up • Switch your baby's highchair to the other side of the table. You'll challenge his memory of where things are placed
<p style="text-align: center;">Social</p> <ul style="list-style-type: none"> • Begins to identify self in a mirror's reflection • Plays simple games. 	<p style="text-align: center;">Social Activities</p> <ul style="list-style-type: none"> • Have your baby stare at himself in the mirror. • Play simple games like Peek-A-Boo.

Smart Start for Toddlers

10 month-old

YOUR 10 MONTH—OLD BABY	ACTIVITIES
<p style="text-align: center;">Physical</p> <ul style="list-style-type: none"> • Transfers objects from hand to hand. • Stands holding on to someone. • Pulls themselves up to standing position 	<p style="text-align: center;">Physical Activities</p> <ul style="list-style-type: none"> • Give your baby small toys to explore that are easy for them to hold on to. • Hold your baby's hands in standing position and encourage their first steps.
<p style="text-align: center;">Language</p> <ul style="list-style-type: none"> • Says "ma-ma" and "da-da" discriminately. • May begin to say simple, familiar words. 	<p style="text-align: center;">Language Activities</p> <ul style="list-style-type: none"> • Expand upon your baby's words. If your baby says "dog" say "Yes, that is our dog Rusty."
<p style="text-align: center;">Thinking</p> <ul style="list-style-type: none"> • Understands the concept of object permanence. 	<p style="text-align: center;">Thinking Activities</p> <ul style="list-style-type: none"> • Play hide and seek. Hide a favorite toy under a blanket and have your baby "find" it.
<p style="text-align: center;">Social</p> <ul style="list-style-type: none"> • Gets upset when toy is removed. • Exhibits moods with varied sounds and body movements. • May be shy or afraid of strangers. • Raises their arms when they want picked up. 	<p style="text-align: center;">Social Activities</p> <ul style="list-style-type: none"> • Give your baby the words for their feelings. "You are feeling angry right now because you can't have the telephone."

Smart Start for Toddlers

11-12 month-old

YOUR 11-12 MONTH—OLD BABY	ACTIVITIES
<p style="text-align: center;">Physical</p> <ul style="list-style-type: none"> • Claps hands • Begins walking while holding on to someone or furniture. 	<p style="text-align: center;">Physical Activities</p> <ul style="list-style-type: none"> • Your baby will need the support of two hands or furniture when walking. • Sing rhymes and songs that involve clapping (Pat-A-Cake)
<p style="text-align: center;">Language</p> <ul style="list-style-type: none"> • Understands "no" • Shakes head for "no" • Points to things they want. • May begin to say simple, familiar words. 	<p style="text-align: center;">Language Activities</p> <ul style="list-style-type: none"> • When your baby points to things they want expand their vocabulary by identifying the object with words. ("You want your milk.")
<p style="text-align: center;">Thinking</p> <ul style="list-style-type: none"> • Understands and responds to simple commands 	<p style="text-align: center;">Thinking Activities</p> <ul style="list-style-type: none"> • Say simple commands to your baby. ("Give that to mommy" or "Come here.")
<p style="text-align: center;">Social</p> <ul style="list-style-type: none"> • Waves bye bye. • Acts frustrated when restricted (being held too long, in high chair too long). • Becomes excited when a task is mastered. • Enjoys mimicking. 	<p style="text-align: center;">Social Activities</p> <ul style="list-style-type: none"> • Encourage your child to wave bye to friends and family.