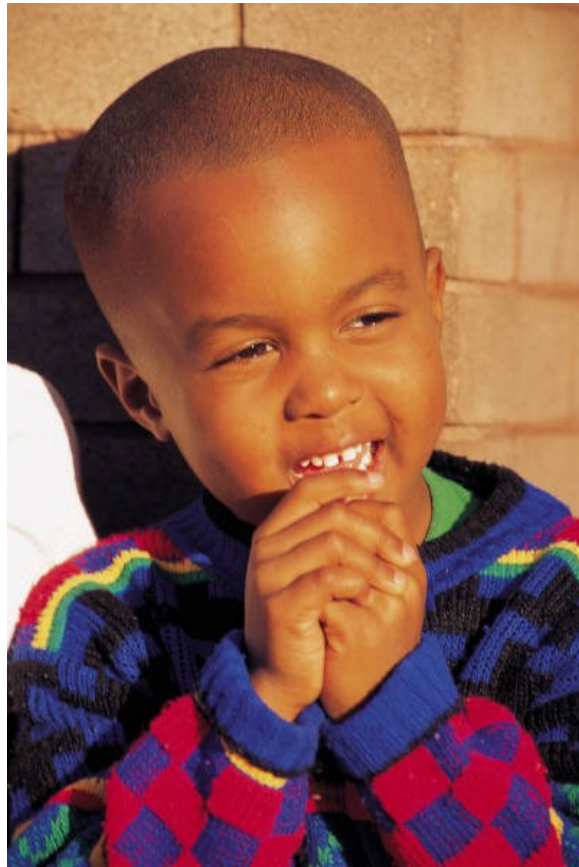


# Smart Start for Preschoolers 3 years-old

**Getting Ready for School Begins at Birth**



**Tyrone Area School District  
Parenting Tips**

**Smart Start for Preschoolers**  
**3 years-old**

**YOUR 3 YEAR-OLD PRESCHOOLER**

**ACTIVITIES**

**Physical**

- Throw and kick a ball
- Draw circles and squares
- Begin to copy capital letters
- Dress and undress
- Walk forward and backwards easily
- Bend over without falling
- Run confidently

**Physical Activities**

- Building blocks
- Stringing large wooden beads
- Pouring water into containers of various sizes
- Dressing and undressing dolls in clothing with large zippers, snaps, and laces.
- Coloring with crayons
- Building sandcastles

**Language**

- Speak in sentences of 5 to 6 words.
- Say his or her name and age
- Answer simple questions
- Tell stories
- Speak 250-500 words

**Language Activities**

- Talk about everything
- Sing songs and finger plays
- Read everything (menus, books, magazines, street signs, road signs, etc.)
- Ask your child questions during their play.

**Thinking**

- Identify "same" and "different" objects
- Tell and remember parts of stories
- Ask a lot of "why" questions
- Follow three-part commands
- Recognize and identify common objects and pictures
- Complete age appropriate puzzles

**Thinking Activities**

- Sort everyday objects into categories of color, size, or shape
- Answer your child's "why" questions
- Read books and talk about what is happening to the characters.
- Problem solve together.

**Social**

- Engage in fantasy play
- Understand that there are ways to solve problems.
- Show affection for familiar family and friends
- Understands the idea of "mine" and "his/hers"
- Shows a wide range of emotions: sad, angry, happy, or bored

**Social Activities**

- Show your child how to share. Let your child see you share with others, use the word "share" in these situations.
- Play games that encourage taking turns.
- Playing card or board games.
- Practice problem solving.

